

**Dr. Xiaowen He
(L. Ac.)**

**Dr. Wanyun
Zhong
(L. Ac.)**



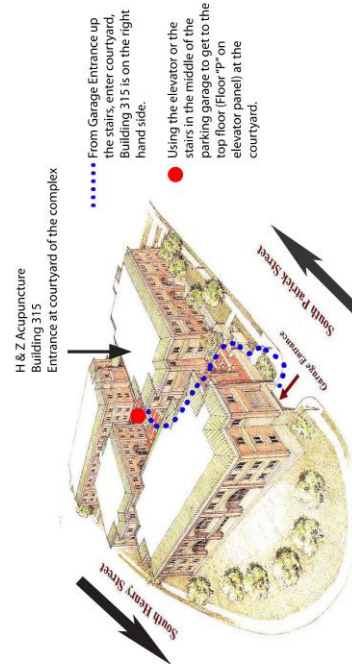
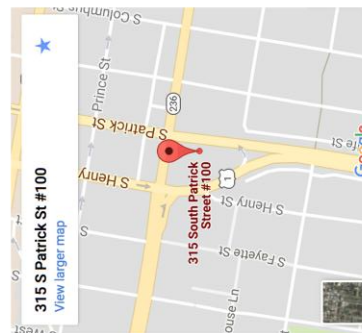
**Widely Recognized
Acupuncture Clinic is
now serving
Alexandria VA**

WE ARE OPEN:

Mon, Tues, Thur, Fri: 8:30am – 5:00pm
Sat: 9:00am – 4:30pm
Sun, Wed: Closed

Free Visitor Parking in the Garage
ADA Accessible with Elevator

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02.19.2018-



H&Z Acupuncture

Advanced Acupuncture Clinic
<http://hz-acupuncture.com/>
703-419-3129
info@hz-acupuncture.com

315 S. Patrick St., Suite 100, Alexandria, VA 22314



Telephone: 703-419-3129 Email: info@hz-acupuncture.com HZ-Acupuncture.com

H & Z Acupuncture

**Advanced
Acupuncture
Clinic**

Old Town Alexandria, VA 22314

Accredited Acupuncturists with Multidisciplinary Experience

- Dr. Xiaowen He and Dr. Wanyun Zhong are licensed Acupuncturists in multiple States.
- Both have Medical Degrees and tremendous backgrounds in patient care and medical research in both Eastern and Western Medicine.
- **Get Well and Stay Well:** We also provide specialized 48 pairs of DNA Genetic Testing, helping you treat and maintain your holistic well-being with personalized supplements and care.

Highly Recognized and Proven Result from over 15 years of Clinical Practice

- Prior to moving to VA, H&Z was one of the highest recommended acupuncture clinics in Atlanta GA.
- Designated Acupuncture Clinic for the Emory Health Veterans Program at Emory Medical Center.
- Over 3000 returning patients including physicians, lawyers, public figures, and international patients.
- Five Star Reviews. Over 80 patients' reviews have published on social media.

Advanced Acupuncture Practices with focus on Challenging Cases

- Dr. He and Dr. Zhong have been trained by some of the renowned Masters in China and their advanced line of practices and techniques are often sought after by other practitioners. HZ Advanced Practice includes but not limited to: Painless Insertions, Head/Abdomen Region Reactive Stimulation, Qi Enhanced Stress Acupressure and Targeted Qi Treatment - there are many Qi points and combination of which are only practiced by experienced practitioners.
- We welcome all patients. Our patients refer us due to our recognition and ability to solve difficult cases and rare conditions.
- We have developed specializations for treating a wide range of conditions:
 - **Cervical Spondyloepiphyseal, Sprain, Sciatica, Arthritis, Joint Pain**
 - **Trigeminal Neuralgia, Fibromyalgia, Migraine**
 - **Facial Paralysis, Paralysis after Stroke**
 - **Hyperemesis Gravidarum, Meniere's Syndrome**
 - **Insomnia, Stress, Depression, Anxiety**
 - **Diarrhea, Constipation, Urinary Incontinence**
 - **Acid Reflux, Irritable Bowel Syndrome**
 - **Smoking, Obesity**

For more cases and patient reviews, please visit www.hz-acupuncture.com

Dr. Xiaowen He (L. Ac.) Dr. Wanyun Zhong (L. Ac.)

Both Dr. He and Dr. Zhong have had experience with acupuncture practice since the 1970's and have trained in Eastern and Western Medical practices, with over two dozen of medical and research publications, putting them at prime positions for providing multidisciplinary care, analysis and treatments.

Dr. He studied at the Xi'An Jiaotong University and at the Shanghai Institute of Neuroscience, Chinese Academy of Science under the tutelage of Dr. Xiangton Zhang, world-renowned brain scientist and Founding Father of Neuroscience research in China. He also studied abroad under Director Robert Schmidt and obtained Doctor of Medicine (M.D.) at the Wurzburg University School of Medicine in Germany then went to Mayo Clinic in Rochester, MN to complete his postdoctoral research in the areas of molecular biology, gene therapy and immunology. Dr. He was also faculty member at China Academy of Chinese Medical Science, Emory University and University of Tennessee.

Dr. Zhong studied at Xi'An Jiaotong University with Zonglian Hou, a renowned physiologist and acupuncturist in Chinese Medicine. Together they tested theories and techniques of traditional Chinese Acupuncture and experimented effectiveness of Acupuncture in treatments. Later, she served as the Attending Physician and Neurologist in the Dept. of Neurology and the Electromyography lab at China-Japan Friendship Hospital in Beijing. She also studied rheumatology and immunology at Mayo Clinic, researched in neuroscience and served as Gene Therapy Specialist III at St. Jude's Children Research Hospital.